



SCHOOL-BASED THERAPY  
HELPS STUDENTS THRIVE  
—  
MOST PROGRAMS QUALIFY FOR  
FAMILY INSURANCE DIRECT BILLING  
AT NO COST TO SCHOOL DISTRICTS

# School-Based Therapy

**Give your students the behavioral, emotional, and mental health support they need without leaving school**





## Why Is School-Based Therapy So Effective?

More than ever, students need help with mental and emotional challenges — including behavior issues, managing trauma, concerns at home, anxiety that affects their grades, and ADHD and other focus disorders.

At The Bradley Center, we know that students having access to the care they need while remaining in their school can be an ideal solution for ensuring their academic, social, and emotional wellbeing.

With growing numbers of students benefiting from school-based therapy, The Bradley Center has developed a robust and highly customized school-based therapy program. By meeting your students where they are, we provide them with personalized therapeutic treatment that helps them navigate challenges without needing to leave their school, enabling districts to avoid costly outplacements.

## How It Works

Each school we serve benefits from having a reliable, dedicated therapist on-site, which enables them to develop supportive relationships with the school's students, teachers, and staff.

Students receive individualized age-appropriate therapy, which includes play therapy for young students, support for teen issues, and group therapy for students with shared experiences such as grief and loss.

Our therapists work together to support each other, which ensures that districts and students have access to a wide network of expertise and additional services that can extend beyond therapy as needed.

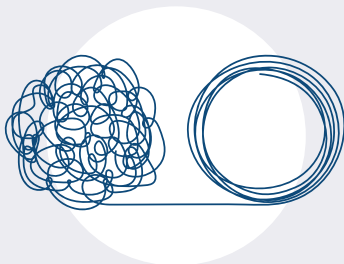
Bradley can also provide customized professional development training for your district's educators on topics such as addressing trauma, navigating autism spectrum disorders, bullying prevention, crisis management, social/emotional learning, self-care for teachers, and more.



## SEEING THE IMPACT

Bradley's school-based therapy helps students:

- decrease anxiety
- manage moods
- improve peer social relations
- improve family relations
- increase focus and attention, leading to academic gains



Individually focused. Responsive.  
Customized. Flexible. Affordable.

### THE KEY DIFFERENTIATORS OF BRADLEY'S SCHOOL-BASED THERAPY

**Fast Response:** Unlike other providers with long wait times for appointments, students are scheduled to start school-based therapy within one week of referral to Bradley.

**Minimal Disruption:** Students typically receive one 40-minute appointment in school per week during the class period that is least disruptive to their academic schedule.

**Family Updates:** Bradley therapists maintain a direct and active connection with the parents/guardians of the students they serve.

**Consistency of Care:** To ensure that all students receive effective high-quality care, we only begin work in new districts when a Bradley therapist is available to serve that district.

**Districts Pay \$0:** Bradley's school-based therapy is billed directly to the family insurance of the students we serve, at no cost to the district.

**Uninsured Support:** If students are uninsured, supportive counseling from a Bradley therapist can still be made available on a check-in basis at an affordable rate, billed directly to the district.

**All Ages Served:** Bradley's mental health services are available for K-12 students, and can continue with a student from year to year as needed.

**Customized Professional Development:** The Bradley Center offers customized professional development and routine in-school programming for school district employees at affordable rates, directly billed to the district.



## About the Bradley School

Identifying the students who need special support is a crucial step in helping them learn how to overcome their challenges and become happier and healthier. If you know a student who is struggling, please contact The Bradley School today.

To schedule a tour of The Bradley School, or to inquire about referring a student, please call The Bradley School at 412-788-8219 or email us at [education@thebradleycenter.org](mailto:education@thebradleycenter.org).

For more information about The Bradley School, please visit us online at [thebradleycenter.org](http://thebradleycenter.org).

## Our Mission

For more than a century, The Bradley Center has been committed to improving the lives of children and families affected by trauma, mental illness, and behavioral health challenges. At Bradley, we believe every child deserves to thrive in their own unique way. By providing a safe haven, a welcoming community, and effective individualized treatment, we empower children and families to heal, learn, and grow.

## Our Services

Located just west of Pittsburgh, our programs include The Bradley Center residence for children; the recently expanded Bradley School, a licensed private academic institution for elementary and secondary students; a robust series of school-based therapy services administered in neighboring school districts by the Bradley Center's licensed clinical staff; and outpatient therapy and family support services for children, teens, and adults.

## How Can Bradley Help You?

Contact us today to see how Bradley's school-based therapy services can help your students overcome obstacles, rediscover hope, and learn to live *lives of possibility*.



5180 Campbells Run Road • Pittsburgh, PA 15205  
Facility Address: 35 Devassie Road • McKees Rocks, PA 15136  
412.788.8219 • [www.thebradleycenter.org](http://www.thebradleycenter.org)

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